



Capitated Behavioral Health Benefit

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COLORADO
Department of Health Care
Policy & Financing



Capitated Behavioral Health Benefit

What is the Health First Colorado (Colorado's Medicaid Program) Capitated Behavioral Health Benefit?

A statewide benefit that advances the emotional, behavioral, and social well-being of all members.

- Promotes psychological health, the ability to cope and adapt to adversity, and the realization of a member's abilities.
- Provides comprehensive state plan and non-state plan mental health and substance use disorder services. The benefit operates under a monthly capitation.

Capitated Behavioral Health Benefit

What is the role of Colorado Access?

We administer and deliver the Capitated Behavioral Health Benefit and increase access to behavioral health services for all Health First Colorado members.



Capitated Behavioral Health Benefit

We commit to the following principles in administering the Capitated Behavioral Health Benefit:

- ***Recovery and Resilience:*** Treatment that supports members to make positive changes in their behaviors so they can improve their health and life outcomes. Positive changes are achieved by sharing information, building skills, and empowering members to make changes by leveraging individual strengths and protective factors. The benefits of recovery and resilience principles extend across ages and settings and can be particularly helpful for low-income children.
- ***Trauma-informed:*** Treatment that acknowledges and understands the vulnerabilities or triggers of past traumatic experiences on a member's health.

Capitated Behavioral Health Benefit

We commit to the following principles in administering the Capitated Behavioral Health Benefit:

- ***Least Restrictive Environment:*** The provision of community-based supports and services that enable members with serious mental illness and other disabilities to live in the community to the greatest extent possible and as appropriate.
- ***Culturally Responsive:*** Providers and provider staff deliver effective, understandable, and respectful care in a manner compatible with a member's cultural health beliefs, practices and preferred language.

Capitated Behavioral Health Benefit

We commit to the following principles in administering the Capitated Behavioral Health Benefit:

- ***Prevention and Early Intervention:*** Broad, community-wide efforts to reduce the impact of mental health and substance use disorders on individuals and communities that include, but are not limited to, the following:
 - Improving the public's understanding of mental health and substance use disorders
 - Normalizing mental health and substance use disorders as legitimate and treatable health issues
 - Actively promoting emotional health
 - Promoting education and public awareness of mental health and substance use disorder symptoms
 - Increasing access to effective treatment and supporting individual recovery

Capitated Behavioral Health Benefit

We commit to the following principles in administering the Capitated Behavioral Health Benefit:

- ***Member and Family-Centered Care:*** Services and supports are provided in the best interest of the individual to ensure that the needs of the individual and family are being addressed. Systems, services, and supports are based on the strengths and needs of the entire family or community.



Covered Services

Covered Services

State Plan 1915(b)(3) Services

- The covered services categories that fall under the Colorado Community Behavioral Health services program are defined according to the Colorado Medicaid State Plan (required services) and the Behavioral Health Program 1915(b)(3) Waiver (alternative or (b)(3) services). All Colorado procedure codes covered under the Community Behavioral Health services program are categorized as either State Plan (SP), (b)(3), or both.

Covered Services

State Plan Services

- Group psychotherapy
- Behavioral health assessment
- Outpatient day treatment
- Targeted case management
- Individual psychotherapy
- Substance use disorder assessment
- Individual brief psychotherapy
- Outpatient hospital services
- Inpatient psychiatric hospital services

Covered Services

State Plan Services

- Family psychotherapy
- Medication management
- School-based services
- Rehabilitative services
- Alcohol/drug screening and counseling
- Medication-assisted treatment
- Social ambulatory detoxification
- Emergency post-stabilization

Covered Services

Non-State Plan 1915(b)(3) Waiver Services

- Vocational services
- Intensive case management
- Prevention/early intervention activities
- Club house and drop-in center
- Residential
- Assertive community treatment
- Recovery services
- Respite services